

**RUTGERS HEALTH**  
**Center for Continuing Education**  
**2019 Professional Development Series**

**Maternal Attachment, Trauma, & Substance Use**  
**Shifting Our Clinical Perspective**

Come learn from **Dr. Debra Ruisard, LCADC, LCSW, DSW** & **Carolyn Flynn, LAC, DC**, of the Center for Great Expectations. The seminar will provide continuing education by meeting the following objectives:



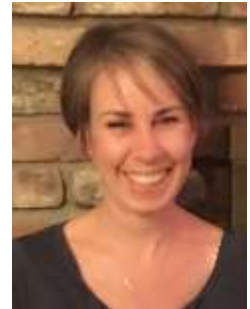
1. Understand the four styles of attachment and how each style influences an individual's ability to form relationships from pregnancy through early childhood.
2. Develop an understanding of how the body's alarm system informs our work with the parent-child dyad who experience the effects of attachment wounds, traumatic life experiences, and substance use.
3. Generate a list of evidence-based clinical interventions, emotional regulation and body-based interventions to use when working with pregnant and parenting women and their children.

Thursday, May 16, 2019  
9a to 12p, Breakfast Provided  
151 Centennial Ave.  
Piscataway, NJ 08854

Registration fee: \$79

REGISTER HERE: <https://rutgers.cloud-cme.com/maternalsubstanceuse>

Professional Contact Hours Included: 3.0 Psychologists (APA), 3.0 Certified Counselors (NBCC), & 3.0 Social Workers (NJ Board of SW Examiners), 3.0 LCADC (Cert Board of NJ), 3.0 MFT (Cert Board of NJ)



**SAVE the DATE**

*Mark your calendar for the rest of our 2019 offerings!*

**Maternal Attachment, Trauma, & Substance Use: Shifting Our Clinical Perspective**  
May 16, 2019

**Starting Where the Client Is: Harm Reduction Basics and Medication Assisted Treatment (MAT)**  
June 21, 2019

**Ethical Considerations When Treating Couples**  
July 15, 2019

**Innovations in Evidence Based Practice Implementation**  
August 9, 2019

**Incorporating Alternative Wellness Strategies into Your Clinical Practice**  
(Experiential Workshop including Trauma Informed Yoga)  
September 20, 2019

**Neurobiology & Alcoholism: Assessment, Diagnosis, and Treatment Implications**  
October 18, 2019

**Buddhist Psychology & Mindfulness in Clinical Practice**  
December 13, 2019

**For more information contact us at (732) 235-9282 or email at [cce@ubhc.rutgers.edu](mailto:cce@ubhc.rutgers.edu)**